



# Proclamation

## A PROCLAMATION OF THE CITY COUNCIL OF THE CITY OF ROLLING HILLS ESTATES DECLARING MAY 2026 AS MENTAL HEALTH AWARENESS MONTH

WHEREAS, the City Council of Rolling Hills Estates recognizes the health of the community as a priority; and

WHEREAS, there is a proven connection between good behavioral health and overall personal health; and

WHEREAS, health promotion and service integration are reflected in combining mental health and substance abuse service strategies; and

WHEREAS, people with mental illnesses and substance use disorders recover if given the necessary services and support in their communities; and

WHEREAS, only one out of two people with a serious form of mental illness or substance use disorder seeks treatment for their behavioral health condition; and stigma and fear of discrimination prevent many who would benefit from mental health and substance use disorder services from seeking help; and research shows that the most effective way to reduce stigma is through personal contact with someone with a behavioral health condition; and

WHEREAS, good behavioral health is critical to the well-being of our families, schools, businesses, and communities, and greater public awareness about mental illnesses and substance use disorders can change negative attitudes toward people with these conditions.

NOW, THEREFORE, BE IT RESOLVED that the month of May 2026 is hereby proclaimed as “Mental Health Awareness Month” in the City of Rolling Hills Estates, to increase awareness and understanding of mental illnesses, reduce stigma and discrimination, and promote appropriate and accessible services for all people with mental illnesses.

PROCLAIMED THIS 12<sup>th</sup> day of MAY 2026, at a regular meeting of the CITY COUNCIL OF THE CITY OF ROLLING HILLS ESTATES.

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FRANK V. ZERUNYAN, MAYOR

ATTEST:

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LAUREN PETTIT, CITY CLERK

